



Live Oak Mental Wellness Project, Inc.

Meeting Minutes

OVERVIEW

The board of directors meeting was held at the following date, time, and location:

Date: March 7, 2024
Time: 4:30pm Pacific
Location: Keller Williams Antelope Valley (in-person and via Zoom)
1401 W Rancho Vista Blvd
Palmdale, CA 93551

The following directors were present at the meeting:

Stephanie McMurray, Acting President
Arleth Castañeda, President Elect
Eric Gray, Treasurer
Amanda Regalado, Secretary
Monica M Olsen, Executive Director

The following guests were present at the meeting:

Yoselinne Castillo, Member At-Large Elect
Philip Armstrong, Every Action Representative

The following directors were absent:

N/A

Pursuant to the Bylaws, the meeting was called to order at 4:31pm by:

Chairperson: Stephanie McMurray, Acting President
Secretary: Amanda Regalado, Secretary

APPROVAL OF MEETING MINUTES

The minutes of the last meeting were approved unanimously.

BOARD EDUCATION

The Board viewed a demonstration of the technology, Every Action, which enables organizations to engage with donors and volunteers.

BOARD MEMBER UPDATES

After reviewing application materials and participating in interviews, the Board unanimously approved the following appointments:

- Arleth Castañeda, President
- Michelle Navarrete, Vice President
- Yoselinne Castillo, Member At-Large
- Ramon Padilla, Member At-Large

BOARD MEMBER REPORTS

Executive Director

The Executive Director debriefed her attendance at the Striving for Zero - California's Comprehensive Suicide Prevention Strategic Planning Learning Collaborative conference.

The Executive Director provided a planning update on the May 18 Live Oak Mental Wellness Festival.

The Executive Director met with representatives of the organization, RaiseBerry, a fundraising platform.

The Executive Director will be transitioned bookkeeping responsibilities.

The Executive Director is creating a Google Site for the Board of Directors.

The Executive Director is working though planning and executing the number of recommendations given to her by the Board.

Acting President

The Acting President thanked the Board for the privilege of serving.

Vice President and President Elect

The Vice President and President Elect continues to assist Live Oak with spanish translation services.

The Vice President and President Elect continues to attend community pop ups to survey the community's needs.

The Vice President and President Elect attended the Pretty Little Poppy Bingo Night Event and provided peer support to a client.

The Vice President and President Elect provided peer support to a friend, connecting the friend through Live Oak with referred services.

The Vice President and President Elect expressed excitement at the opportunity to serve the Board as its next President.

Treasurer

