



Live Oak Mental Wellness Project, Inc.

Meeting Minutes

OVERVIEW

The board of directors meeting was held at the following date, time, and location:

Date: August 11, 2025
Time: 5:30pm Pacific
Location: Zoom

The following directors were present at the meeting:

Arleth Castañeda, President
Amanda Regalado, Secretary
Eric Gray, Treasurer
Monica M Olsen, Executive Director
Yoselinne Castillo, Member At-Large

The following director was absent:

n/a

Pursuant to the Bylaws, the meeting was called to order at 5:33 pm by:

Chairperson: Arleth Castañeda, President
Secretary: Amanda Regalado, Secretary

APPROVAL OF MEETING MINUTES

The minutes of the last meeting were approved unanimously.

BOARD TEAM BUILDING

The Executive Director led the Board through a team building activity.

BOARD EDUCATION

The President presented on fundraising ideas.

BOARD MEMBER REPORTS

Executive Director

The Executive Director will be sharing weekly email updates with the Board.

The Executive Director reported that Board applications close today.
Interviews will be scheduled.

The Executive Director shared a request related to the All For Kids contract for the Board's Approval.

The Executive Director shared a potential project with All For Kids related to early childhood music.

The Executive Director reported that Live Oak will partner with Alba Wellness Group for mental wellness workshops.

The Executive Director provided updates related to community engagement.

The Executive Director shared the costs of this year's Live Oak annual event.

President

The President provided a report on topics including financial sustainability, organizational culture, and community.

The President reported attending meetings and trainings.

Treasurer

The Treasurer reported a current balance of \$29,445.44. The Treasurer shared the following financial statements: Trial Balance, Profit and Loss Statement, Statement of Financial Position, Statement of Cash Flows, Transaction List by Vendor, and Bank Statement.

Secretary

The Secretary completed administrative duties, including writing meeting minutes, aiding in the development and communication of the future agenda, and sending meeting reminders.

Member At-Large

The Member At-Large shared Live Oak's contact information with local organizations.

COMMITTEE REPORTS

Ways and Means

The Committee Chair reported on conversations the committee had about fundraising ideas.

Community Engagement

The Committee Chair reported on conversations about a volunteer training program.

MISCELLANEOUS SUBJECT(S)

The Board discussed the results of the Executive Director Pilot Project.

The Board discussed its Trademark and unanimously voted to re-file.

The Board discussed a number of one page proposals, including:

- Community Service Program
- JW Couch Foundation Grant
- Mockingbird Incubator Program
- Venable Foundation Grant

The Board discussed Board Member Expectations.

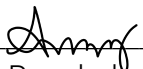
The Board discussed approaches to governing policies.

The Board discussed prioritizing policies to write, such as a Code of Ethical Conduct.

ADJOURNMENT

There was no further subject to come before the meeting, upon motion duly made, seconded, and unanimously carried, the meeting was adjourned at 7:02 pm.

	<u>9/8/2025</u>
Arleth Castañeda, Chairperson	Date

	<u>9/8/25</u>
Amanda Regalado, Secretary	Date