

DRAFT

Job Title

Contracted Facilitator - Supported Seedlings: A Live Oak Music Wellness Program for Preschoolers and Their Caregivers

Requirements

- Certified Peer Support Specialist or comparable training in trauma-informed facilitation and direct support
- Musical experience in any setting; must be comfortable singing and/or playing an instrument in public
- Professional (preferred) or personal experience working with young children
- Transportation to and from All for Kids Family Resource Center–Palmdale
- Ability to pass a background check to work with children
- Fluency in English

Essential Functions

- Ability to co-facilitate a one-hour music wellness workshop for children ages 3-5 and their caregivers
- Availability to train with team and prepare individually for each monthly workshop (paid)
- Ability to collaborate and work well with team members and clients from a variety of backgrounds
- Communicate needs for accommodation

Additional Functions

Fluency in Spanish and willingness to interpret to and from English is a bonus

Schedule and Pay Rate

- Two training sessions (three hours each) prior to program launch
- Ten workshops facilitated monthly, one hour each plus setup and clean-up
- \$20-25/hour depending on training and experience
- Additional \$2/hour when English/Spanish interpretation is utilized

Description

Live Oak Mental Wellness Project is launching a new primary prevention program in partnership with All for Kids and Stepping Tones called Supported Seedlings: A Live Oak Music Wellness Program for Preschoolers and Their Caregivers. Designed by Board

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Certified Music Therapist Laura Fonseca and Certified Peer Support Specialist Monica Olsen, this program is comprised of 10 workshops to be facilitated monthly at All for Kids Family Resource Center–Palmdale.

Each stand-alone workshop incorporates co-regulation and relationship-based approaches—including child-to-caregiver, peer-to-peer, and child-to-other-grownups—to support healthy neurodevelopment. Workshop topics include Music-Supported Neurodevelopment, Building Emotional Resiliency through Music, Developing Empathy through Music, and more!

Contracted Facilitators will receive training from Laura Fonseca, MT-BC, and Monica Olsen, CPSS, to prepare for this program and will be provided with lesson plans that include full sample scripts and suggested recorded music that may be replaced with live music. Each workshop will have a minimum of two trained co-facilitators.