



Live Oak Mental Wellness Project, Inc.

Meeting Minutes

OVERVIEW

The board of directors meeting was held at the following date, time, and location:

Date: March 10, 2025
Time: 5:30pm Pacific
Location: Zoom

The following directors were present at the meeting:

Arleth Castañeda, President
Eric Gray, Treasurer
Amanda Regalado, Secretary
Monica M Olsen, Executive Director
Yoselinne Castillo, Member At-Large

The following director was absent:

n/a

Pursuant to the Bylaws, the meeting was called to order at 5:32 pm by:

Chairperson: Arleth Castañeda, President
Secretary: Amanda Regalado, Secretary

APPROVAL OF MEETING MINUTES

The minutes of the last meeting were approved unanimously.

BOARD TEAM BUILDING

The Secretary led the Board through a team building activity.

BOARD EDUCATION

The President provided an overview of her experience taking the Fundraising Essentials certificate courses on nonprofitready.org.

BOARD MEMBER REPORTS

Executive Director

The Executive Director shared that we were not awarded the VOA Futures Fund grant, but we continue to stay connected with the organization.

The Executive Director reported that therapy groups with Healing Solutions are currently paused due to clinician personal circumstances.

The Executive Director reported that the Grief Support Group Curricula development, therapy groups, and Art for Mental Wellness workshops continue.

The Executive Director proposed to increase hours worked at Live Oak.

President

The President attended meetings including with the Executive Director and Treasurer, Department of Mental Health, LA Domestic Violence Council, Empowering Rural Victims, and other committee meetings.

The President continues to co-facilitate the Art for Mental Wellness workshop.

Treasurer

The Treasurer reported a current balance of \$47,258.92. The Treasurer shared the following financial statements: Trial Balance, Profit and Loss Statement, Statement of Financial Position, and Bank Statement.

The Treasurer discussed emails previously shared with the Board.

Secretary

The Secretary completed administrative duties, including writing meeting minutes, aiding in the development and communication of the future agenda, and sending meeting reminders.

Member At-Large

The Member At-Large confirmed Live Oak's attendance at the Spring Into Action event.

COMMITTEE REPORTS

Ways and Means

The Committee Chair reported that conversations continue regarding the crowdfunding campaign across the calendar year.

Community Engagement

The Committee Chair reported a need to reschedule the committee meeting.

MISCELLANEOUS SUBJECT(S)

The Board discussed and approved two purchase requests.

The Board discussed applying new fundraising skills to GiveButter platform utilization.

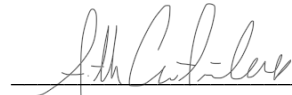
The Board discussed the SeedSpot spring training.

The Board discussed the annual event.

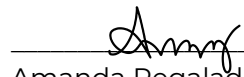
The Board scheduled a special Board Meeting to discuss its budget.

ADJOURNMENT

There was no further subject to come before the meeting, upon motion duly made, seconded, and unanimously carried, the meeting was adjourned at 6:58pm.



Arleth Castañeda, Chairperson 04/14/2025
Date



Amanda Regalado, Secretary 4/14/25
Date