



Live Oak Mental Wellness Project, Inc.

Meeting Minutes

OVERVIEW

The board of directors meeting was held at the following date, time, and location:

Date: June 16, 2025
Time: 5:30pm Pacific
Location: Zoom

The following directors were present at the meeting:

Arleth Castañeda, President
Amanda Regalado, Secretary
Eric Gray, Treasurer
Monica M Olsen, Executive Director
Yoselinne Castillo, Member At-Large

The following director was absent:

n/a

Pursuant to the Bylaws, the meeting was called to order at 5:33 pm by:

Chairperson: Arleth Castañeda, President
Secretary: Amanda Regalado, Secretary

APPROVAL OF MEETING MINUTES

The minutes of the last meeting were approved unanimously.

BOARD TEAM BUILDING

The Executive Director led the Board through a team building activity.

BOARD EDUCATION

The Treasurer led the Board through a proposed grant application procedure.

BOARD MEMBER REPORTS

Executive Director

The Executive Director shared the operational items she accomplished since the last Board Meeting.

The Executive Director shared that the first All for Kids engagement concluded, and another engagement begins next month.

The Executive Director reported that the first draft of Processing Grief in Community is complete.

The Executive Director will be presenting in Pasadena as to how Live Oak and Healing Solutions used the Robert Ellis Simon Foundation grant.

The Executive Director shared that Board positions of President, Treasurer, and Secretary will be posted for application.

President

The President acknowledged the current events happening within the Antelope Valley and greater Los Angeles community.

The President attended trainings, meetings, and events including: Vulnerable Populations Training, Executive Director 1:1, Native Excellence and Wellness Series, Treasurer 1:1, Administrative Team Meeting, Flyer Design Meeting, Community Engagement Committee Meeting, Ways and Means Committee Meeting, CCRC Home Visiting Advisory Committee Meeting, Art for Mental Wellness Structure Meeting, and Special Board Meeting on Annual Budget.

Treasurer

The Treasurer reported a current balance of \$31,384.44. The Treasurer shared the following financial statements: Trial Balance, Profit and Loss Statement, Statement of Financial Position, Statement of Cash Flows, Transaction List by Vendor, and Bank Statement.

The Treasurer reported that 9 total donations were received within the month of May.

The Treasurer shared an overview of emails sent to the Board.

Secretary

The Secretary completed administrative duties, including writing meeting minutes, aiding in the development and communication of the future agenda, and sending meeting reminders.

Member At-Large

The Member At-Large shared about Live Oak at a recent AV DOORS meeting.

COMMITTEE REPORTS

Ways and Means

The Committee Chair discussed grant proposals in progress.

Community Engagement

The Committee Chair reported on a recent community event.

MISCELLANEOUS SUBJECT(S)

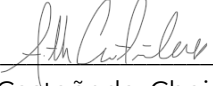
The Board discussed the June Event.

The Board discussed the Executive Director's timesheet.

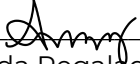
The Board had a closed session.

ADJOURNMENT

There was no further subject to come before the meeting, upon motion duly made, seconded, and unanimously carried, the meeting was adjourned at 7:00 pm.



Arleth Castañeda, Chairperson 7/17/2025
Date



Amanda Regalado, Secretary 7/16/25
Date